

# PRIOR AUTHORIZATION IMPACT

## on patient care ...

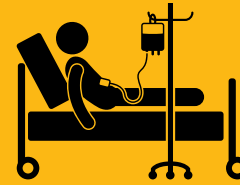
In 2021, 76 Kansas hospitals participated in a prior authorization survey conducted by the Kansas Hospital Association.

**100%** of Kansas hospitals experienced prior authorization delays and denials.<sup>1</sup>



**56%**

of Kansas hospitals say the prior authorization process **OFTEN** resulted in delays to access necessary care.<sup>1</sup>



**43%**

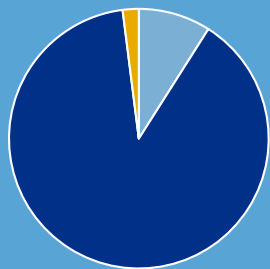
of Kansas hospitals reported their patients had a serious adverse event because of the prior authorization process including:

- death
- permanent disability
- life-threatening event
- hospital readmission
- longer recovery.<sup>1</sup>



**80%**

of physicians report prior authorization can sometimes lead to treatment abandonment.<sup>1</sup>



89% Somewhat or significant negative impact.

9% No impact

2% Somewhat or significant positive impact

In a 2022 American Medical Association survey, **physicians reported that 89 percent** of patients requiring a prior authorization had a somewhat or significant negative outcome.<sup>2</sup>

## on workforce ...

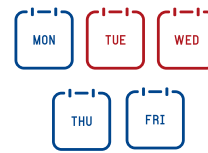
Inefficiencies can impact our much needed health care workforce by shifting staff from patients to paperwork.

**5 hours** is the amount of time it takes to process ONE complex prior authorization form, according to Kansas hospitals.<sup>2</sup>



**45**

is the average number of prior authorization requests per physician per week.<sup>2</sup>



**2 days**

is the average time physician and their staff spend each week completing prior authorization requests.<sup>2</sup>



**35%**

of physicians have staff who work exclusively on prior authorization requests.<sup>2</sup>

**88%** of physicians describe the **burden** associated with prior authorization as **high** or **extremely high**.<sup>2</sup>

# Is prior authorization worth it?

Health plans state that prior authorization is needed to eliminate unnecessary treatment and keep health care affordable. However, hospitals and physicians report that prior authorization can pull staff from bedside care, delay needed treatment, increase hospital readmissions, negatively impact patient's work performance and waste resources.

## 92%

of Kansas hospitals believe there is a negative impact to patients resulting in more tests and treatments; thereby increasing the cost of care.<sup>1</sup>



## 64%

of physicians report that prior authorizations led to ineffective initial treatments (i.e., step therapy).<sup>2</sup>



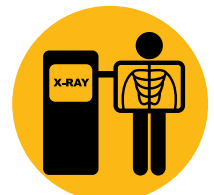
## 62%

of physicians report that prior authorizations led to additional office visits.<sup>2</sup>



## 46%

of physicians report that prior authorization led to immediate care and/or ER visits.<sup>2</sup>



## Impact on Employee Performance

**58%** of physicians with patients in the workforce report that prior authorizations has impacted patient job performance.<sup>2</sup>

## 82%

of appeals were fully or partially overturned after the initial prior authorization denial, according to a 2023 Kaiser Family Foundation study.<sup>3</sup>



## 96%

of prior authorizations for infused medications were approved after the initial denial according to the National Center for Biotechnology Information.<sup>4</sup>



## \$93.3 billion

is the annual estimated cost of prior authorization and utilization management nationally.<sup>5</sup>



### Sources

1. 2021 Kansas Hospital Association Prior Authorization Survey
2. [2022 AMA Prior Authorization Physician Survey](#)
3. [Kaiser Family Foundation study](#)
4. [National Center for Biotechnology Information study](#)
5. [Quantifying the Economic Burden of Drug Utilization Management on Payers, Manufacturers, Physicians and Patients](#)