

To whom it may concern,

I am writing this to let you know how much medical marijuana could benefit myself and others with diseases that are difficult to treat.

I am a 61 year old woman and I have had Addison's disease and Hashimoto's thyroiditis for 27 years. I have chronic insomnia and I experience nights where I do not sleep at all. This happens at least once a week and has for years. The days that I am able to sleep, I can only sleep for 2-4 hours. The following day, I have such debilitating brain fog, dizziness, fatigue and weakness that I can barely make it through the day. I am unable to take naps because I can't fall asleep.

My quality of life is miserable with the chronic insomnia, Addison's disease (which can be fatal) and Hashimoto's. I feel medical marijuana could greatly improve my health and well being. I have tried over the counter sleep medicines and I am allergic to many of the ingredients in these. Additionally, prescription medications have many side effects and I have a hard time tolerating because of the Addison's disease and Hashimoto's symptoms. I have read many articles where medical marijuana has proven to be helpful for insomnia.

Please consider medical marijuana for the people of Kansas. So many Kansans are in need.

Betsy Saunders  
[buzzsau12@gmail.com](mailto:buzzsau12@gmail.com)

4312 SE Liveoak Drive  
Topeka, Kansas 66609