## Jeff and Corina

My name is Jeff & I'm an alcoholic/drug addict. My whole life I have fought against depression, anxiety & ADD. These three things have been Dr diagnosed.

At a young age I found that alcohol and drugs 'helped' how I felt. I became a active addict and alcoholic before I was 18.

I lived the up & down life of a functioning alcoholic/addict. But always looking for something new to keep my depression and anxiety at bay.

The Drs had me trying almost every kind of anxiety & psychotropic medication that there was. None of them were helping. I fell further into my speed addiction and became a daily blackout drinker. In September of 2013, I told my family that they needed to figure out what to do for Christmas because I wouldn't be alive then. In the beginning of November I ODed.

Long story short...

My employer allowed me to enter into a detox facility. 3 days into my stay I was called in & told my "good aircraft company" insurance wouldn't be covering any of my expenses.

My company HR lady had went over & above to make every phone call to help but she was turned down. She told me that a lawyer somewhere decided that I could kick my addiction on my own. I am one of a few fortunate people. I had a pension fund that I hadn't drank up. I used it to pay my bill of \$10,000 for a 15 day stay. I needed the medical observation detox that I was given. Also in this facility I was given a basic understanding of how my mind worked so I

wouldn't have to drink. Without this facility I would not be here today.

I guess I said all this to explain. I was horrified that the insurance premiums I had been paying for over 25 years wouldn't cover my care. If I had not of had this fund...I would probably be dead today.

I still have huge issues with depression and anxiety. Most of the time, I'm barely functioning or employable.

My hope is that something can be done to help those who truly reach out for help.

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