D Box 189 • 947 W. 47 Hwy • Girard, KS 66743 •

P: (620) 724-6281

F: (620) 724-6284

www.areenbush.or

February 21, 2019

Dear Representative Concannon and Members of the Committee:

Thank you for the opportunity to provide testimony on HB 2361 in the House Children & Seniors Committee. During the hearing, there were several questions from members of the committee – including a request for a copy of the Kansas Communities That Care (KCTC) Survey and the Youth Risk Behavior Survey administered through KDHE. We have attached copies of those surveys, a parent consent form, and an information sheet about the validity and reliability of survey data to this letter. We have also included links to those and to other materials and resources that may be of interest to committee members.

Kansas Communities That Care Survey

The KCTC survey is administered in both online and paper formats. The survey can be viewed on KCTC website (http://kctcdata.org/Documents/2018/2018%20KCTC%20Comprehensive.pdf); it is also attached for your convenience. The survey is available in English and Spanish.

There are two versions of the survey:

- The Comprehensive Version contains questions pertaining to CTC Risk and Protective Factors, including sections on Demographics & School Climate; Peer Influences; Drug/Alcohol/Tobacco Usage; Community-Based Perceptions; and Family Domain.
- The **Alternate Version** contains all the same questions as the Comprehensive version but **excludes Family Domain questions**, which determine things like a student's view of parents' attitudes toward drugs/alcohol.

In 2016, an <u>optional module</u> on **Depression/Suicide** was added. The newest module was developed in response to growing concerns about the mental health of students. There are four (4) questions in this section and they can be added to either the comprehensive or alternate version of the survey.

Parent Notification

The Learning Tree Institute at Greenbush sends six (6) documents to school districts throughout the school year. These documents include the required parent consent forms and best practices for survey administration. Greenbush provides districts with a pre-written information and consent form to include in enrollment packets to ensure parents are notified that the survey will be administered by the school The form clearly summarizes the contents of the survey and provides a link for parents to preview the survey online.

September

The following sample documents are sent to the district superintendent and the designated KCTC contacts for the district/building. These documents are available in both paper and online formats.

- Parent Consent Letter (includes the date the survey will be administered)
- KCTC Information for Parents and Parent Postcard
- KCTC Overview and FAQs
- Active Consent Procedures
- Consent Tracking Form

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November

Superintendents and the designated KCTC contacts receive a letter reminding them of the process and protocols for administering the survey. The forms sent in September are redistributed as part of this communication.

February

A *Now is the Time* postcard is sent to school superintendents and the designated KCTC contacts to remind schools to include parent consent forms in their enrollment packet for the following school year.

<u>March</u>

Superintendents and the designated KCTC contacts are sent an email to remind schools to include the parent consent forms in their enrollment packets for the following school year.

School districts are not currently required to attest to whether the notification protocols have been followed. We do, however, understand the committee's concerns and would be happy to further discuss this protocol with the Kansas Department of Aging and Disability Services (KDADS).

If we can provide any additional information, please feel free to contact Stacie Clarkson, Associate Executive Director or Lisa Chaney, Director of Research and Evaluation.

Respectfully,

Lisa Chaney

Director of Research and Evaluation

Attachments:

- Kansas Communities That Care (KCTC) Survey Comprehensive Version w/Optional Depression & Suicide Module (English version)
- Youth Risk Behavior Survey (YRBS)
- Parent Consent Letter
- KCTC Survey Validity and Reliability Information Sheet

Dear Parents:

Our school will soon be administering the *Kansas Communities That Care Student Survey**. This survey is taken by 6th, 8th, 10th and 12th grade students statewide. I believe this survey is a valuable tool to help us understand how students behave, think and feel about alcohol, marijuana and other drug use, bullying and school safety. The KCTC survey measures teen substance use, delinquency, and related problem behaviors in schools and communities. The survey gives us insight into the problems students face and shows what we can do to help them succeed. The information is important for planning effective prevention programs in our school and community and provides data to assist in applying for grant funding.

The survey can be viewed at <u>www.kctcdata.org</u>. Click *About, View the KCTC survey*. You may also be interested to know the following:

- 1. It is completely anonymous. Students will not be asked for their names on the questionnaire, nor will anyone be able to connect any individual student with his/her responses. School staff will not see any one student's responses, but only summaries of results.
- 2. Participation is entirely voluntary. Your child may decline to participate in the survey, or may simply skip any particular question they do not wish to answer.
- **3. Annual participation is important.** Even if your child has participated in previous surveys, annual data is extremely helpful in determining the effectiveness of previous efforts and changes in program areas.

I hope you will allow your child to participate. Please check the appropriate box below. *All parents must sign and return this form to school by* <<i style="color: blue;">insert date>>>. Thank you in advance for your cooperation.

Sincerely,	
< <insert name="">></insert>	
PRINCIPAL	
Please check one:	
_	articipate in the Kansas Communities That Care Student Survey. d to participate in the Kansas Communities That Care Student Survey.
Signature of Parent/Guardian	Printed Parent/Guardian Name
Printed Name of Child	Date

*The survey is provided by the Kansas Department for Aging and Disability Services, Behavioral Health Services Commission and administered by Greenbush – The Southeast Kansas Education Service Center, Research and Evaluation Department.



KCTC Student Survey - Comprehensive Version

- 1. Thank you for agreeing to participate in this survey. The purpose of this survey is to learn how students in our schools feel about their school, peers, community, and family.
- 2. The survey is completely voluntary and anonymous. DO NOT put your name on the questionnaire.
- 3. This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish, but it is still important that you answer each question as thoughtfully and honestly as possible.
- 4. All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.
- 5. For questions that have the following answers: NO! no yes YES!

Mark (the BIG) NO! if you think the statement is **DEFINITELY NOT TRUE** for you.

Mark (the little) **no** if you think the statement is **MOSTLY NOT TRUE** for you.

Mark (the little) yes if you think the statement is MOSTLY TRUE for you.

Mark (the BIG) YES! if you think the statement is **DEFINITELY TRUE** for you.

Example: Chocolate is the best ice cream flavor.

○ NO! ○ no ● yes ○

In the example above, the student marked "yes" because he or she thinks the statement is mostly true.

6. Please mark each question by completely filling in the oval or ovals, ONLY USE A #2 PENCIL.

DEMOGRAPHICS AND SCHOOL CLIMATE

The following numbers will be provided to you by the person administering this survey. Please write the numbers in the space provided and then darken the ovals corresponding to those numbers. Enter the Zip code where you live.

SCHOOL DISTRICT	BUILDING	COUNTY (where student lives)	REGION	ZIP CODE (where student lives)			
0 0 0 1 1 1 2 2 2 3 3 3 4 4 4 5 5 6 6 6 6 6 7 7 8 8 8 8	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 1 1 1 2 2 2 3 3 3 3 4 4 4 4 5 5 5 6 6 6 6 7 7 7 8 8 8	0 0 1 1 2 2 2 3 3 3 4 4 4 5 6 6 6 7 7 7 8 8 8 9 9	6 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			

1.	How old are you?
	○ 10 ○ 11 ○ 12 ○ 13 ○ 14 ○ 15 ○ 16 ○ 17 ○ 18 ○ 19 or older
2.	What grade are you in? 6th 8th 10th 12th
3.	Are you: Female Male
4.	Are you of Hispanic/Latino/Spanish origin? No Yes
5.	What do you consider yourself to be? (Choose all that apply) White Black or African American Native Hawaiian/Other Pacific Islander Asian American Indian/Alaska Native

6. Think of where you liv people live there with Mother Foster mother Stepmother Grandmother Aunt	e most of the time. Wh you? (Choose all that a Father Foster father Stepfather Grandfather Uncle	•
7. What is the language		home? er Language
8. What is the highest le Completed grade Some high school Completed high s Some college Completed college	e school or less	ather completed? Graduate or professional school after college Do not know Does not apply

9.	Some high school school after Completed high school Do not know	are going to be for your later life? Slightly important Do not know are going to be for your later life? Very important Quite important Not at all important							ol
10.	Is anyone in your family (including parents, stepparents, sisters, stepbrothers, or stepsisters) currently serving in t United States military? Yes No		27.	Now thinking back over the past year in school, how often did you: a. enjoy being in school?	Sol	Almo metim Idom er	Ofte 1es	en	
11.	Where are you living now?			b. hate being in school?		00			
• • •	On a farmIn the country, not on a farmIn a city, town, or suburb			c. try to do your best wor	k in school?	00			
	Putting them all together, what were your grades like last Mostly Mostly Mostly Mostly F's D's C's B's During the LAST FOUR WEEKS, how many whole days of	Mostly A's	28.	Som During this school year, ho someone being bullied?		es a v mont ever	Every week th)	k)	
• 10.	have you missed because you skipped or "cut"? None 2 days 4-5 days 1	1 or more days	29.	During this school year, ho	w often have you been	C			
• • • •	1 day 3 days 6-10 days	YES! yes	30.	During the past 12 months electronically bullied? (Incle-mail, chat rooms, instantexting.)	ude being bullied throug	gh		, C) ()
14.	In my school, students have lots of chances to help decide things like class activities and rules.		31.	During the past year, how because you felt unsafe, u at school or on your way to	ncomfortable, or nervou) C	
15.	Teachers ask me to work on special classroom projects.	0000	32.	During this past school ye					
16.	My teacher(s) notices when I am doing a good job and lets me know about it.	0000		your property stolen or del as your car, clothing, or bo		n _			
17.	There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	0000	33.	If you saw bullying at school I haven't seen any bull Ignore it as none of monothing, just watch	lying				
18.	There are lots of chances for students in my school to talk with a teacher one-on-one.	0000		Join inReport it to a teacher					
19.	I feel safe at my school.	0000		Intervene to stop the	oullying				
20.	The school lets my parents know when I have done something well.	0000	34.	What do adults do at scho	:	ng?			
21.	My teachers praise me when I work hard in school.	0000		Stop it and tell everyoStop it and solve the point in the point in					
22.	Are your school grades better than the grades of most students in your class?	0000							
23.	I have lots of chances to be part of class discussions or activities.	0000	0.5		NFLUENCES				
24.	meaningful and important?	ned is	35.	Think of your four best friends (the friends you fee closest to). In the past year (12 months), how many of your best friends have: a. participated in clubs, o activities at school?	No		2	3	4
25.	How interesting are most of your courses to you?	-111		b. smoked cigarettes?		00			
•	Very interesting and stimulating Quite interesting Very dul			c. used electronic cigaret	tes (e-cigarettes)?	00			
- - - -	Fairly interesting			d. tried beer, wine, or hard vodka, whiskey, or gin) didn't know about it?		00		0	

Continued . . .

35.	Think of your four best friends (the friends you feel closest to). In the past year (12 months), how many of your best friends have:								
	e.	made a commitment to s	tay drug-free?	Non	e ()	0	0	0	0
	f.	used marijuana?			0	0	0	0	0
	g.	tried to do well in school?		0	0	0	0	0	
	h.	used LSD, cocaine, ampl other illegal drugs?		0	0	0	0	0	
	i.	been suspended from sc		0	0	0	0	0	
	j.	liked school?			0	0	0	0	0
	k.	carried a handgun?			0	0	0	0	0
	l.	sold illegal drugs?			0	0	0	0	0
	m.	stolen or tried to steal a r as a car or a motorcycle?		า	0	0	0	0	0
	n.	been arrested?			0	0	0	0	0
	0.	dropped out of school?			0	0	0	0	0
	p.	been members of a gang	?		0	0	0	0	0

			17 or Older						r			
										_ 16	6	
								14	1)		
36.		w old were you					13		+			
	wh	en you first:				12						
					- 11	1						
			10 or Your		r							
	а	smoked marijuana?	Never Have									
	b. smoked a cigarette, even just a puff?				\vdash	_	$\overline{}$	_	$\overline{}$	_	\vdash	
					0	0	0	0	0	0	0	\bigcirc
	c.	used an electronic c (e-cigarette)?	igarette	0	0	0	0	0	0	0	0	0
	d.	had more than a sip beer, wine, or hard li example, vodka, whi gin)?	quor (for	0	0	0	0	0	0	0	0	0
	e.	began drinking alcoh beverages regularly, least once or twice a	that is, at	0	0	0	0	0	0	0	0	0
	f.	got suspended from	school?	0	0	0	0	0	0	0	0	0
	g.	got arrested?		0	0	0	0	0	0	0	0	0
	h.	carried a handgun?		0	0	0	0	0	0	0	0	0
	i.	attacked someone v of seriously hurting t		0	0	0	0	0	0	0	0	0
	j.	belonged to a gang?	?		0		0		0		0	

07	Have verse de		Not V	Vrong At All			
37.	How wrong do you think it is for someone your age to:		A Little B	it Wrong /rong			
	a. take a handgun to s	chool?	Very Wron				
	b. steal anything worth	more than \$5.00°	?	0000			
	c. pick a fight with son	neone?		0000			
	d. attack someone wit hurting them?	n the idea of serio	usly	0000			
	e. stay away from scho think they are at sch	neir parents	0000				
	f. drink beer, wine, or vodka, whiskey, or otwice a month)?	0000					
	g. smoke cigarettes?			0000			
	h. use electronic cigare	ettes (e-cigarettes))?	0000			
	i. smoke marijuana?			0000			
	j. use LSD, cocaine, a illegal drug?	mphetamines, or	another	0000			
38.	How wrong do your frie to use prescription drug			0000			
39.	It is all right to beat up NO! no	people if they star	t the fight. YES!				
40.	It is important to be hor upset or you get punish NO! no		ents, even if	they become			
41.	I think it is okay to take away with it. NO! no	something withou	ut asking if y	ou can get			
42.	Have you ever belonge Yes No	d to a gang?					
43.	If you have ever belong Yes No	ed to a gang, did I never ha					
44.	In the past year, have y Yes No	ou gambled for m	oney or anyt	hing of value?			
45.	In the last 30 days, hav	e you gambled for	r money or a	nything of value?			
46.	How many times in the past year (the last 12 months) have you:	6 t	20 to 29 To to 19 Times o 9 Times Times				
	a. been suspended fro	Mever m school?	000C	0000			
	b. carried a handgun?						
	c. sold illegal drugs?	(0000	0000			
	d. stolen or tried to ste vehicle such as a ca motorcycle?		0000	0000			

	Continued		40+ Times	50.	What are the	chances you would be seen as coo	ા if you:				
10	Have many times		30 to 39 Times 20 to 29 Times			Ve	ry good	cha	anc	e	
16.	How many times in the past year	10 1	to 19 Times			Pretty (good ch	anc			
	(the last 12	6 to 3 to 5 T	9 Times			Som Little c	e chanc	е			
	months) have you:	1 to 2 Time				No or very little char					
	e. participated in clubs	Never s, organizations			a. smoked ci	igarettes?) (
	or activities at school				b. worked ha	ard at school?	00				
	f. been arrested?			-		nking alcoholic beverages at least once or twice a month?	00) (
	g. done extra work on school?				d. defended abused at	someone who was being verbally school?	00) C		
	h. attacked someone v seriously hurting the				e. smoked m	narijuana?	00) (
	i. been drunk or high a				f. regularly v service?	rolunteered to do community	00				
	j. volunteered to do co service?	ommunity			g. carried a h	nandgun?	00) (
	k. taken a handgun to	school?	0000000		h. made a co	ommitment to stay drug-free?	00		<u>)</u> C) _	
	I. been involved in a find property?		0000000	51.	and you see h	ng at DVDs in the store with a friencer slip a DVD under her coat. She	smiles a	nd s		s,	
	m. been offered, sold, on school property?				around." Ther customers. W	lo you want? Go ahead, take it whi re is no one in sight, no employees /hat would you do now?	e nobod or other	y's			
17.		dangers of tobacco your biological par			Tell her to	er IVD and leave the store o put the DVD back t is a joke, and ask her to put the D	VD back	(
18.	Yes No During the past 12 mon		nearing, reading, or		52. It is 8:00 on a weeknight and you are about to go over to a friend's house when your mother asks you where you are going. You say, "Oh, just going to go hang out with some friends." She says, "No, you'll just get into trouble if you go out. Stay home tonight." What would you do now?						
	watching an advertisemYesNo	nent about prevention Don't know	on or substance abuse? w or can't say		Leave the	onow <i>?</i> e house anyway vhat you are going to do with your	friends	ا الم	hor		
19.	In the past year, how m	any times (if any) ha	ave you:		when you will get home, and ask if you can go out Not say anything and start watching TV Get into an argument with her						
		0.00	Almost every day		O GOT IIITO	arraigamone with nor					
		Once or A few times		53.	any of the peo	ng another part of town, and you do ople your age there. You are walkin ome teenager you do not know is w	g down	the	rd		
	a. played the lottery or		<u>Vever</u>		you. He is abo deliberately b	out your size, and as he is about to umps into you and you almost lose	pass yo	ou, h	ne		
	b. bet on team sports?		000000		What would y Push the	person back					
	c. participated in any to betting, whether for				Say, "Wa	cuse me", and keep on walking tch where you're going", and keep the person and walk away	on walk	ing			
	d. played cards for mo	ney?	00000	54.	You are at a p	party at someone's house, and one	of your				
	e. played bingo for mo	ney or prizes?	00000			you a drink containing alcohol. Wh		k			
	f. bet on games of per	sonal skill?	00000		O Drink it	friend "No thanks I don't drink" a	and suga	ıest	tha	at	
g. spent any real money on games you can play on your phone or computer to buy you and your friend go a Just say, "No thanks", a					your friend go and do something e "No thanks", and walk away a good excuse, tell your friend you						
	h. felt like you would lil but didn't think you		g, 00000			mes it is okay to cheat at school.					
	i. worried about the he anyone in your hous gambling?		000000)		no yes YE	S!				

56.	How much do you think people risk harming themselves (physically or in other ways) if they: a. smoke one or more particle. b. use electronic cigarett days or every day? c. try marijuana once or to d. smoke marijuana regule. take one or two drinks (beer, wine, liquor) near to them?	es (e-cigarettes) so twice? larly? s of an alcoholic bearly every day?	ome OOOO	70.	Continued On how many occasions (if any) nave you: used prescription transition as Xanax, Valium, or prescribed for you be lifetime? used prescription strans Ritalin, Adderall, prescribed for you be lifetime? DRUG/ALC	10- 6-9 3-50c 1-2 occas 0 occasions anquilizers, such r Ambien, not by a doctor in your imulants, such or Concerta, not	000000		
	DRUG/ALCOHO	OL LIFETIM	E USAGE	72.	How frequently have 30 days?	e you used smokeless t	obacco during the past		
57.	Have you ever used smoke tobacco, or chewing tobacco. Never Once or twice Once in a while but n	cco)?	w, snuff, plug, dipping Regularly in the past Regularly now		Never Once or twice Once or twice a About once a d More than once	lay			
	Have you ever smoked cig Never Once or twice Once in a while but n Have you ever tried electro No Yes	oot regularly		73. How frequently have you smoked cigarettes during the past 30 days' Not at all Less than one cigarette per day One to five cigarettes per day About one-half pack per day About one pack per day About one and one-half packs per day Two packs or more per day					
occa have	now many asions (if any) e you: had beer, wine, or hard lic	2 10 - 6 - 9 3 - 5 occ 1 - 2 occas 0 occasions quor to drink in	sions	74.	During the past 30 cigarettes (e-cigaret 0 days 1-2 days 3-5 days 6-9 days 10-19 days 20-30 days		s have you used electronic		
61.	your lifetime? (more than used marijuana in your life	• • •	000000	75.		days, how frequently did	d you smoke cigars,		
_	used LSD or other psychelifetime?		000000		cigarillos, or little cig 0 days 1-2 days 3-5 days	gars?			
63.	used cocaine or crack in	your lifetime?	000000		6-9 days10-19 days				
_	used heroin in your lifetim		000000		20-30 days				
66.	used MDMA ("ecstasy") ir sniffed glue, breathed the an aerosol spray can, or ir gases or sprays in order t your lifetime? taken methamphetamines lifetime?	contents of nhaled other o get high in	000000	76.	Think back over the five or more alcoholic None 1 time 2 times 3 - 5 times 6 - 9 times 10 or more time	ic drinks in a row?	many times have you had		
68.	used phenoxydine (pox, p	ox, breeze) in	0000000	77.	During the past 30 o	days, on how many day	s did you have 5 or more		
69.	used prescription pain rel as Vicodin, OxyContin, or prescribed for you by a de lifetime?	Tylox, not	000000			occasion? (By 'occasio ple of hours of each oth 5 - 9 10 or more	n', we mean at the same ner.)		

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past 3	(if any) beer, wine, or h 30 days? marijuana duri		9 occocasion	39 oc occas asion ons s	casions is	ons		97.	During the drugs not post 3 ligot to A frien liboug ligot to ligot
the p	ast 30 days? cocaine or cra	osychedelics during						98.	If a kid smo
82. used	heroin during t	the past 30 days?	0			00		99.	If a kid drai (for exampl neighborho would he o
an ae gases	rosol spray ca	ed the contents of n, or inhaled other order to get high lays?	0	00		00	0	100.	If a kid carr the area are caught by
85. taken		mines during the	0	00		00		101.	If a kid smo the area are caught by
	steroids withog g the past 30 c	out a doctor's order lays?	0	00		00		102.	During the hard liquor
	phenoxydine (g the past 30 c	pox, px, breeze) lays?	0			00			ONE ANSV Oldid n I boug
as Vid presc	codin, OxyCon	ain relievers, such tin, or Tylox, not y a doctor during	0	00		00	0		discou
as Xa presc	nax, Valium, o	anquilizers, such r Ambien, not by a doctor during	0	00		00		103.	O I got it
as Rit presc	talin, Adderall,	imulants, such or Concerta, not oy a doctor during	0	00		o c			(CHOOSE) I did n liquor Schoo Car My ho
CC	MMUNIT	Y-BASED PEF	RCE	PTI	NC	S		104.	5
					V	env es	ISV	1	Ldid n

			V	ery	eas	sv	
16		Sort of easy					
пус	ou wanted to get:	Sort of	d				
		Very har	ď				
91.	some beer, wine, or hard liquor (for example, vodka, whiskey, or gin), how easy would it be for you to get some?			<u> </u>	0		
92.	. some cigarettes, how easy would it be for you to get some?			0	0		
93.	drugs like cocaine, LSD, or amphetamines, how easy would it be for you to get some?		0	0	0		
94.	a handgun, how easy wone?	ould it be for you to get	0	0	0	0	
95.	some marijuana, how e get some?	asy would it be for you to	0	0	0	0	
96.	some prescription drug how easy would it be fo	s not prescribed for you, or you to get some?	0	0	0	0	

97.	During the past 30 days, how did you usually get prescription drugs not prescribed for you?				
	I did not use prescription drugs not prescribed to me in the				
	past 30 days I got them from a stranger				
	A friend or relative gave them to me				
	I bought them from a friend or relative I took them from a friend or relative				
	 I got them from a drug dealer 				
	I got them on the internet				
	YE yes	ES!			
	no				
98.	If a kid smokes marijuana in your neighborhood, or				
	the area around where you live, would he or she be caught by the police?				
99.	If a kid drank some beer, wine, or hard liquor (for example, vodka, whiskey, or gin) in your				
	neighborhood, or the area around where you live, would he or she be caught by the police?				
100.	If a kid carried a handgun in your neighborhood, or the area around where you live, would he or she be				
	caught by the police?				
101.					
	the area around where you live, would he or she be caught by the police?				
	aught by the pence.				
102.					
	hard liquor (for example, vodka, whiskey, or gin)? (CHOOSE OF ONE ANSWER)	INLY			
	I did not drink beer, wine, or hard liquor during the past 30				
	 I bought it in a store such as a convenience store, superm discount store, or gas station 	arket,			
	I gave someone else money to buy it for me I borrowed it from someone else				
	 A person 21 years old or older gave it to me 				
	I took it from a store or family member I got it some other way				
103.		, i+O			
	liquor (for example, vodka, whiskey, or gin) where did you drink (CHOOSE ALL THAT APPLY)	X IL?			
	I did not drink beer, wine, or hard Friend's home	:			
	liquor during the past 30 days School Bar Park or outdoo	ors			
	Car Other				
	Wy home				
104.	During the past 30 days, how did you usually get cigarettes?				
	I did not smoke cigarettes during the past 30 days I bought them at a vape shop or tobacco/smoke shop				
	 I bought them at a convenience store, drug store, or gas s 	station			
	I bought them on the internet I gave someone else money to buy them for me				
	 I borrowed (or bummed) them from someone else 				
	A person 18 years old or older gave them to me I took them from a store or family member				
	I got them some other way				
105.	During the past 30 days, how did you usually get electronic				
100.	cigarettes (e-cigarettes)?				
	 I did not use electronic cigarettes (e-cigarettes) during the past 30 days 				
	 I bought them at a vape shop or tobacco/smoke shop 				
	 I bought them at a convenience store, drug store, or gas s I bought them on the internet 	tation			
	 I gave someone else money to buy them for me 				
	I borrowed (or bummed) them from someone else A person 18 years old or older gave them to me				
	I took them from a store or family member I got them some other way				
		_			

106.	How wrong would most adults in your neighborhood, or the area around		Not Wrong At All Little Bit Wrong Wrong				YES! yes
	where you live, think it is for kids your age:	a. to use marijuana? b. to drink alcohol?	y Wrong	113.	There are people in my around where I live, wi something well.	y neighborhood, or the area ho are proud of me when I do	NO!
		c. to smoke cigarettes?	0000	114.	I feel safe in my neighl where I live.	borhood, or the area around	0000
107.	About how many ad year have:	ults have you known perso	nally who in the past	115.	I would like to get out area around where I liv	of my neighborhood, or the	0000
	None1 adult	crack, cocaine, or other d 2 adults 3 or 4 adults	rugs? 5 or more adults	116.		y neighborhood, or the area ho encourage me to do my	0000
	b. sold or dealt druNone1 adult	gs? 2 adults 3 or 4 adults	○ 5 or more adults		FAI	MILY DOMAIN	
	police, like steali assaulting others None	2 adults	ouble with the nugging or 5 or more adults	117.	How wrong do your parents feel it would be for <u>you</u> to:	A Little Very Wr	
	1 adultd. gotten drunk orNone	3 or 4 adults high? 2 adults	5 or more adults		a. drink beer, wine, or vodka, whiskey, or or twice a month)?	r hard liquor (for example, gin) regularly (at least once	0000
	1 adult	3 or 4 adults	5 of more addits		b. smoke cigarettes?		0000
108.		t know what we will do as a answer how true these sta			c. use electronic ciga days or everyday?	rettes (e-cigarettes) some	0000
	for you: When I am an adult.		·		d. smoke marijuana?		0000
		rettes NO! no	yes YES!		e. steal anything wort	th more than \$5.00?	0000
		wine, NO! no	yes YES!			things, or draw pictures er property (without the n)?	0000
	c. I will smoke mar	ijuana 🔵 NO! 🔵 no	o yes YES!		g. pick a fight with so	meone?	0000
			YES! yes		h. use prescription dr	ugs not prescribed to you?	0000
109	If I had to move I w	ould miss the neighborho	no NO!	118.	Have any of your brothers or sisters ever:	I don't have any broth	ers or sisters Yes No
_	now live in.	e when I am doing a good			a. drunk beer, wine, c vodka, whiskey, or	or hard liquor (for example, gin)?	
	and let me know ab				b. smoked marijuana	?	000
111.	I like my neighborho	ood, or the area around wh	nere I		c. smoked cigarettes	?	000
					d. taken a handgun to	school?	000
112.	How much do each of the following statements		YES! yes no		e. been suspended o	r expelled from school?	000
	describe your neighborhood, or the area around	a. crime and/or drug sell	NO!	119.	The rules in my family a		
				120. Has anyone in your family ever had a severe alcohol or o			or drug problem?
		c. lots of empty or aband buildings	doned		O No O Yes		
		d. lots of graffiti	0000				

			YES! yes	142.	How important were these of Not too important
121.	People in my family	often insult or yell at each	NO!		Fairly importantImportantVery important
_	other.				C very important
122.	When I am not at ho where I am and who	me, one of my parents knows I am with.	0000	143.	How honest were you in filling I was very honest
123.	We argue about the and over.	same things in my family over	0000		I was honest pretty much l was honest some of the l was honest once in a l was not honest at all
124.	example, vodka, wh	eer, wine, or hard liquor (for iskey, or gin) without your would you be caught by your	0000	an	you were given an additional swers in the extra answer swers on the row with the
125.	My family has clear use.	rules about alcohol and drug	0000		ditional sheet.
126.		lgun without your parents' ou be caught by your parents?	0000		
127.	If you skipped school	ol without your parents'	0000		
	permission, would y	ou be caught by your parents?			3. ABCDEFG
128.		hen I am doing a good job and	let me know		4. ABCDEFG
	about it. Never or almost	never Often			5. ABCDEFG
	Sometimes	All the time			6. A B C D E F G
129.	Do you feel very clos	se to vour mother?			7. ABCDEFG
		yes YES!			8. ABCDEFG
130	Do you share your th	noughts and feelings with your	mother?		9. A B C D E F G (
100.	NO! no	yes YES!	motrici :		
101	My paranta ask ma	what I think before most family	dociciono		
131.	affecting me are made		decisions		12. ABCDEFG (
	O NO! O no	yes YES!			13. ABCDEFG (
132.	How often do your p	parents tell you that they are prodone?	oud of you for		14. (A) (B) (C) (D) (E) (F) (G) (
	Never or almostSometimes	never Often All the time			15. ABCDEFG
	Oometimes	All the time			16. ABCDEFG
			YES!		17. ABCDEFG
			yes no		18. ABCDEFG (
133.	Do you share your the father?	noughts and feelings with your	NO!		19. ABCDEFG (
134.	Do you enjoy spend	ing time with your mother?	0000		20. A B C D E F G (
135.	Do you enjoy spend	ing time with your father?	0000		
136.	If I had a personal proof or dad for help.	roblem, I could ask my mom	0000		
137.	Do you feel very clos	se to your father?	0000		
138.	My parents give me things with them.	lots of chances to do fun	0000		
139.		ave gotten my homework	0000		Pro Kansas Department for Behaviora
140.	People in my family	have serious arguments.	0000		Admin Greenbush - The Southeast
		know if you did not come			

home on time?

questions? ng out this survey? ich of the time he time while

sheet of questions, please put your rows below. Make sure to put your same number as the question on the

3. ABCDEFGH ①	
4. ABCDEFGHO	
5. ABCDEFGHO	
6. ABCDEFGHO	
7. ABCDEFGHO	
8. ABCDEFGHO	
9. ABCDEFGHO	
12. ABCDEFGHO	
19. ABCDEFGHO	

ovided by: · Aging and Disability Services/ al Health Services

nistered by:

Kansas Education Service Center

2019 State and Local Youth Risk Behavior Survey

This survey is about health behavior. It has been developed so you can tell us what you do that may affect your health. The information you give will be used to improve health education for young people like yourself.

DO NOT write your name on this survey. The answers you give will be kept private. No one will know what you write. Answer the questions based on what you really do.

Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

The questions that ask about your background will be used only to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Make sure to read every question. Fill in the ovals completely. When you are finished, follow the instructions of the person giving you the survey.

Thank you very much for your help.

Directions

- •Use a #2 pencil only.
- •Make dark marks.
- •Fill in a response like this: A B D.
- •If you change your answer, erase your old answer completely.
- 1. How old are you?
 - A. 12 years old or younger
 - B. 13 years old
 - C. 14 years old
 - D. 15 years old
 - E. 16 years old
 - F. 17 years old
 - G. 18 years old or older
- 2. What is your sex?
 - A. Female
 - B. Male
- 3. In what grade are you?
 - A. 9th grade
 - B. 10th grade
 - C. 11th grade
 - D. 12th grade
 - E. Ungraded or other grade
- 4. Are you Hispanic or Latino?
 - A. Yes
 - B. No
- 5. What is your race? (**Select one or more responses.**)
 - A. American Indian or Alaska Native
 - B. Asian
 - C. Black or African American
 - D. Native Hawaiian or Other Pacific Islander
 - E. White

6. How tall are you without your shoes on?

Directions: Write your height in the shaded blank boxes. Fill in the matching oval below each number.

Example

Height			
Feet	Inches		
5	7		
3	0		
4	①		
•	2		
6	3		
7	4		
	(5)		
	6		
	•		
	8		
	9		
	100		
	1		

Height			
Feet	Inches		
3	0		
4	①		
(5)	(2)		
© ⑦	3		
7	4		
	(5)		
	6		
	Ø		
	8		
	9		
	100		
	①		

7. How much do you weigh without your shoes on?
Directions: Write your weight in the shaded blank boxes. Fill in the matching oval below each number.

Example

Weight					
	Pounds				
1	5	2			
0	0	0			
•	①	①			
② ③	2	•			
3	3	3			
	4	4			
	•	(5)			
	6	6			
	7	7			
	8	8			
	9	9			

Weight						
	Pounds					
0	0	0				
1	①	①				
2	2	2				
3	3	3				
	4	4				
	(5)	(5)				
	6	6				
	7	7				
	8	8				
	9	9				

The next 4 questions ask about safety.

- 8. How often do you wear a seat belt when **riding** in a car driven by someone else?
 - A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always
- 9. During the past 30 days, how many times did you **ride** in a car or other vehicle **driven by someone who had been drinking alcohol**?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times
- 10. During the past 30 days, how many times did you **drive** a car or other vehicle **when you had been drinking alcohol**?
 - A. I did not drive a car or other vehicle during the past 30 days
 - B. 0 times
 - C. 1 time
 - D. 2 or 3 times
 - E. 4 or 5 times
 - F. 6 or more times
- 11. During the past 30 days, on how many days did you **text or e-mail** while **driving** a car or other vehicle?
 - A. I did not drive a car or other vehicle during the past 30 days

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- B. 0 days
- C. 1 or 2 days
- D. 3 to 5 days
- E. 6 to 9 days
- F. 10 to 19 days
- G. 20 to 29 days
- H. All 30 days

The next 11 questions ask about violence-related behaviors.

- 12. During the past 30 days, on how many days did you carry **a weapon** such as a gun, knife, or club?
 - A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days
- 13. During the past 30 days, on how many days did you carry **a weapon** such as a gun, knife, or club **on school property**?
 - A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days
- 14. **During the past 12 months**, on how many days did you carry a **gun**? (Do **not** count the days when you carried a gun only for hunting or for a sport, such as target shooting.)
 - A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days
- 15. During the past 30 days, on how many days did you **not** go to school because you felt you would be unsafe at school or on your way to or from school?
 - A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days
- During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times

- During the past 12 months, how many times were you in a physical fight?
 A. 0 times
 B. 1 time
 C. 2 or 3 times
 D. 4 or 5 times
 - E. 6 or 7 timesF. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
- 18. During the past 12 months, how many times were you in a **physical fight on school property**?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
- 19. Have you ever been physically forced to have sexual intercourse when you did not want to?
 - A. Yes
 - B. No
- 20. During the past 12 months, how many times did **anyone** force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times

- 21. During the past 12 months, how many times did **someone you were dating or going out with** force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)
 - A. I did not date or go out with anyone during the past 12 months
 - B. 0 times
 - C. 1 time
 - D. 2 or 3 times
 - E. 4 or 5 times
 - F. 6 or more times
- 22. During the past 12 months, how many times did **someone you were dating or going out with** physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)
 - A. I did not date or go out with anyone during the past 12 months
 - B. 0 times
 - C. 1 time
 - D. 2 or 3 times
 - E. 4 or 5 times
 - F. 6 or more times

The next 2 questions ask about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

- 23. During the past 12 months, have you ever been bullied **on school property**?
 - A. Yes
 - B. No
- 24. During the past 12 months, have you ever been **electronically** bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)
 - A. Yes
 - B. No

The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life.

- 25. During the past 12 months, did you ever feel so sad or hopeless almost every day for **two** weeks or more in a row that you stopped doing some usual activities?
 - A. Yes
 - B. No

- 26. During the past 12 months, did you ever **seriously** consider attempting suicide? A. Yes B. No During the past 12 months, did you make a plan about how you would attempt suicide? 27. Yes B. No 28. During the past 12 months, how many times did you actually attempt suicide? 0 times A. 1 time B. C. 2 or 3 times 4 or 5 times D. E. 6 or more times 29. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse? I did not attempt suicide during the past 12 months A. В. Yes C. No The next 4 questions ask about cigarette smoking.
- 30. Have you ever tried cigarette smoking, even one or two puffs?
 - A. Yes
 - B. No
- 31. How old were you when you first tried cigarette smoking, even one or two puffs?
 - A. I have never tried cigarette smoking, not even one or two puffs
 - B. 8 years old or younger
 - C. 9 or 10 years old
 - D. 11 or 12 years old
 - E. 13 or 14 years old
 - F. 15 or 16 years old
 - G. 17 years old or older
- 32. During the past 30 days, on how many days did you smoke cigarettes?
 - A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days

- 33. During the past 30 days, on the days you smoked, how many cigarettes did you smoke **per day**?
 - A. I did not smoke cigarettes during the past 30 days
 - B. Less than 1 cigarette per day
 - C. 1 cigarette per day
 - D. 2 to 5 cigarettes per day
 - E. 6 to 10 cigarettes per day
 - F. 11 to 20 cigarettes per day
 - G. More than 20 cigarettes per day

The next 3 questions ask about electronic vapor products, such as JUUL, Vuse, MarkTen, and blu. Electronic vapor products include e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods.

- 34. Have you ever used an electronic vapor product?
 - A. Yes
 - B. No
- 35. During the past 30 days, on how many days did you use an electronic vapor product?
 - A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
- 36. During the past 30 days, how did you **usually** get your own electronic vapor products? (Select only **one** response.)
 - A. I did not use any electronic vapor products during the past 30 days
 - B. I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store
 - C. I got them on the Internet
 - D. I gave someone else money to buy them for me
 - E. I borrowed them from someone else
 - F. A person who can legally buy these products gave them to me
 - G. I took them from a store or another person
 - H. I got them some other way

The next 3 questions ask about other tobacco products.

- 37. During the past 30 days, on how many days did you use **chewing tobacco**, **snuff**, **dip**, **snus**, **or dissolvable tobacco products**, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)
 - A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
- 38. During the past 30 days, on how many days did you smoke **cigars, cigarillos, or little cigars**?
 - A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
- 39. During the past 12 months, did you ever try **to quit** using **all** tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?
 - A. I did not use any tobacco products during the past 12 months
 - B. Yes
 - C. No

The next 5 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

- 40. How old were you when you had your first drink of alcohol other than a few sips?
 - A. I have never had a drink of alcohol other than a few sips
 - B. 8 years old or younger
 - C. 9 or 10 years old
 - D. 11 or 12 years old
 - E. 13 or 14 years old
 - F. 15 or 16 years old
 - G. 17 years old or older

- 41. During the past 30 days, on how many days did you have at least one drink of alcohol?
 - A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
- 42. During the past 30 days, on how many days did you have **4** or more drinks of alcohol in a row, that is, within a couple of hours (if you are **female**) or **5** or more drinks of alcohol in a row, that is, within a couple of hours (if you are **male**)?
 - A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 to 5 days
 - E. 6 to 9 days
 - F. 10 to 19 days
 - G. 20 or more days
- 43. During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?
 - A. I did not drink alcohol during the past 30 days
 - B. 1 or 2 drinks
 - C. 3 drinks
 - D. 4 drinks
 - E. 5 drinks
 - F. 6 or 7 drinks
 - G. 8 or 9 drinks
 - H. 10 or more drinks
- 44. During the past 30 days, how did you **usually** get the alcohol you drank?
 - A. I did not drink alcohol during the past 30 days
 - B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station
 - C. I bought it at a restaurant, bar, or club
 - D. I bought it at a public event such as a concert or sporting event
 - E. I gave someone else money to buy it for me
 - F. Someone gave it to me
 - G. I took it from a store or family member
 - H. I got it some other way

The next 3 questions ask about marijuana use. Marijuana also is called pot, weed, or cannabis.

- 45. During your life, how many times have you used marijuana?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 to 99 times
 - G. 100 or more times
- 46. How old were you when you tried marijuana for the first time?
 - A. I have never tried marijuana
 - B. 8 years old or younger
 - C. 9 or 10 years old
 - D. 11 or 12 years old
 - E. 13 or 14 years old
 - F. 15 or 16 years old
 - G. 17 years old or older
- 47. During the past 30 days, how many times did you use marijuana?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times

The next question asks about synthetic marijuana use. Synthetic marijuana also is called Spice, fake weed, K2, King Kong, Yucatan Fire, or Skunk.

- 48. During your life, how many times have you used synthetic marijuana?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times

The next question asks about the use of prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it. For this question, count drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet.

- 49. During your life, how many times have you taken **prescription pain medicine** without a doctor's prescription or differently than how a doctor told you to use it?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times

The next 8 questions ask about other drugs.

- 50. During your life, how many times have you used **any** form of cocaine, including powder, crack, or freebase?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
- 51. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
- 52. During your life, how many times have you used **heroin** (also called smack, junk, or China White)?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times

53.	During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times
54.	During your life, how many times have you used ecstasy (also called MDMA)? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times
55.	During your life, how many times have you taken steroid pills or shots without a doctor's prescription? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times
56.	During your life, how many times have you used a needle to inject any illegal drug into your body? A. 0 times B. 1 time C. 2 or more times
57.	During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property? A. Yes B. No ext 9 questions ask about sexual behavior.
58.	Have you ever had sexual intercourse? A. Yes B. No

59.	How A. B. C. D. E. F. G.	old were you when you had sexual intercourse for the first time? I have never had sexual intercourse 11 years old or younger 12 years old 13 years old 14 years old 15 years old 16 years old 17 years old or older
60.		ng your life, with how many people have you had sexual intercourse? I have never had sexual intercourse 1 person 2 people 3 people 4 people 5 people 6 or more people
61.	Durin A. B. C. D. E. F. G.	I have never had sexual intercourse I have had sexual intercourse, but not during the past 3 months 1 person 2 people 3 people 4 people 5 people 6 or more people
62.	Did y A. B. C.	You drink alcohol or use drugs before you had sexual intercourse the last time ? I have never had sexual intercourse Yes No
63.	The I	ast time you had sexual intercourse, did you or your partner use a condom? I have never had sexual intercourse Yes No

- 64. The **last time** you had sexual intercourse, what **one** method did you or your partner use to **prevent pregnancy**? (Select only **one** response.)
 - A. I have never had sexual intercourse
 - B. No method was used to prevent pregnancy
 - C. Birth control pills
 - D. Condoms
 - E. An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)
 - F. A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)
 - G. Withdrawal or some other method
 - H. Not sure
- 65. During your life, with whom have you had sexual contact?
 - A. I have never had sexual contact
 - B. Females
 - C. Males
 - D. Females and males
- 66. Which of the following best describes you?
 - A. Heterosexual (straight)
 - B. Gay or lesbian
 - C. Bisexual
 - D. Not sure

The next 2 questions ask about body weight.

- 67. How do **you** describe your weight?
 - A. Very underweight
 - B. Slightly underweight
 - C. About the right weight
 - D. Slightly overweight
 - E. Very overweight
- 68. Which of the following are you trying to do about your weight?
 - A. **Lose** weight
 - B. **Gain** weight
 - C. **Stay** the same weight
 - D. I am **not trying to do anything** about my weight

The next 9 questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

- 69. During the past 7 days, how many times did you drink **100% fruit juices** such as orange juice, apple juice, or grape juice? (Do **not** count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)
 - A. I did not drink 100% fruit juice during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
- 70. During the past 7 days, how many times did you eat **fruit**? (Do **not** count fruit juice.)
 - A. I did not eat fruit during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
- 71. During the past 7 days, how many times did you eat **green salad**?
 - A. I did not eat green salad during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
- 72. During the past 7 days, how many times did you eat **potatoes**? (Do **not** count french fries, fried potatoes, or potato chips.)
 - A. I did not eat potatoes during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day

- 73. During the past 7 days, how many times did you eat **carrots**?
 - A. I did not eat carrots during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
- 74. During the past 7 days, how many times did you eat **other vegetables**? (Do **not** count green salad, potatoes, or carrots.)
 - A. I did not eat other vegetables during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
- 75. During the past 7 days, how many times did you drink a **can, bottle, or glass of soda or pop**, such as Coke, Pepsi, or Sprite? (Do **not** count diet soda or diet pop.)
 - A. I did not drink soda or pop during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
- 76. During the past 7 days, how many **glasses of milk** did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)
 - A. I did not drink milk during the past 7 days
 - B. 1 to 3 glasses during the past 7 days
 - C. 4 to 6 glasses during the past 7 days
 - D. 1 glass per day
 - E. 2 glasses per day
 - F. 3 glasses per day
 - G. 4 or more glasses per day

- 77. During the past 7 days, on how many days did you eat **breakfast**?
 - A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days

The next 5 questions ask about physical activity.

- 78. During the past 7 days, on how many days were you physically active for a total of **at** least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)
 - A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days
- 79. On an average school day, how many hours do you watch TV?
 - A. I do not watch TV on an average school day
 - B. Less than 1 hour per day
 - C. 1 hour per day
 - D. 2 hours per day
 - E. 3 hours per day
 - F. 4 hours per day
 - G. 5 or more hours per day
- 80. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)
 - A. I do not play video or computer games or use a computer for something that is not school work
 - B. Less than 1 hour per day
 - C. 1 hour per day
 - D. 2 hours per day
 - E. 3 hours per day
 - F. 4 hours per day
 - G. 5 or more hours per day

- 81. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

 A. 0 days
 B. 1 day
 C. 2 days
 D. 3 days
 E. 4 days
 F. 5 days
- 82. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)
 - A. 0 teams
 - B. 1 team
 - C. 2 teams
 - D. 3 or more teams

The next question asks about concussions. A concussion is when a blow or jolt to the head causes problems such as headaches, dizziness, being dazed or confused, difficulty remembering or concentrating, vomiting, blurred vision, or being knocked out.

- 83. During the past 12 months, how many times did you have a concussion **from playing a sport or being physically active**?
 - A. 0 times
 - B. 1 time
 - C. 2 times
 - D. 3 times
 - E. 4 or more times

The next 6 questions ask about other health-related topics.

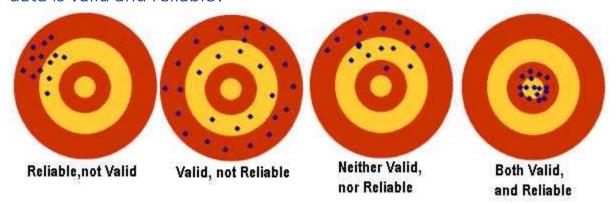
- 84. Have you ever been tested for HIV, the virus that causes AIDS? (Do **not** count tests done if you donated blood.)
 - A. Yes
 - B. No
 - C. Not sure
- 85. During the past 12 months, have you been tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea?
 - A. Yes
 - B. No
 - C. Not sure

- 86. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?
 - A. During the past 12 months
 - B. Between 12 and 24 months ago
 - C. More than 24 months ago
 - D. Never
 - E. Not sure
- 87. Has a doctor or nurse ever told you that you have asthma?
 - A. Yes
 - B. No
 - C. Not sure
- 88. On an average school night, how many hours of sleep do you get?
 - A. 4 or less hours
 - B. 5 hours
 - C. 6 hours
 - D. 7 hours
 - E. 8 hours
 - F. 9 hours
 - G. 10 or more hours
- 89. During the past 12 months, how would you describe your grades in school?
 - A. Mostly A's
 - B. Mostly B's
 - C. Mostly C's
 - D. Mostly D's
 - E. Mostly F's
 - F. None of these grades
 - G. Not sure

This is the end of the survey. Thank you very much for your help.

Survey Validity and Reliability

How do I know that my district's Kansas Communities That Care (KCTC) data is valid and reliable?



Validity is concerned with the accuracy of measurement. There are many types of validity. Three important types are internal, external and content.

Internal validity asks whether the survey questions measure what is intended to be measured and if results are accurate or can be evaluated against a desired outcome.

- Some people have suggested that the results of the KCTC survey can't be valid because "kids don't answer honestly" or they "mark answers without reading the questions".

 But, in reality, there are three validity checks built into the survey that can identify responses that are not honest or patterns that demonstrate lack of attention to the survey questions. Evidence of false reporting can include:
 - Students indicated that they were not honest at all in completing the survey;
 - o Students indicated they had used a non-existent drug; or
 - Students reported unrealistically frequent use of substances.
- Each year, only 4-5% of surveys are found to be invalid and are not included in analyses.
- Accuracy can also be enhanced when districts stress the value and importance of the survey to administration and teachers and when teachers follow the administration script and protocol.
- ❖ Another way to ensure valid and accurate results is to assure students that the survey is voluntary, anonymous and confidential. Students need to know that no one will see their answers and that there is no way a survey can be traced back to any individual student.

External validity refers to the degree to which a sample is representative of or can be generalized to the larger population.

❖ The KCTC uses a census approach, meaning results reflect only those students who participate in the survey. Therefore, participation rates per grade, building, and district must be high in order for data to be reflective of the grouping it represents.

- ❖ The KCTC survey has been administered annually free of charge to Kansas school districts since 1994-95. One strength of this longevity is the ability to look at trends in youth behavior and attitudes over time.
- Most fluctuations in data that bring about questions regarding validity are the result of inconsistent or low participation rates.

Content validity refers to the appropriateness of the content of an instrument. In other words, do the questions accurately assess what you want to know?

The Communities That Care survey was developed by prevention science researchers at the University of Washington. Content validity has been statistically proven through factor analysis of each question's contribution to the risk and protective factor scale it represents. Decades of research have reinforced the validity of the survey's measures.

Reliability is concerned with the consistency of the measurement over time; the degree to which the questions used in a survey elicit the same type of information each time they are used under the same conditions.

- ❖ The KCTC has proven to be very reliable over time. Results obtained by the KCTC are similar to results obtained when compared with other student surveys measuring substance use and mirror trends reported at the national level.
- Risk and protective factors are correlated with problem behaviors in the expected direction. For example, a study of Kansas youth showed KCTC risk factors were associated with increased use of alcohol and marijuana. Additionally, higher levels of risk factors reported by students in a school were associated with lower average reading and math achievement test scores.
- Longitudinal data show consistent responding among youth, which provides evidence of high reliability.

What if I have additional questions about the KCTC validity and reliability?

Please contact:

Lisa Chaney
Director of Research & Evaluation
SEK Education Service Center, Greenbush
lisa.chaney@greenbush.org
620-724-6281