

Richard L. Waters

Adult Stem Cell Testimony

Enrolled in a Clinical Trial on November 9th, 2012

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Good afternoon Senators and distinguished guests.

Thank-you for giving me the opportunity to speak to you on a subject that is "near and dear to my heart", ***Adult Stem Cells***.

My name is **Richard Waters** and I am 63 years old. By all rights I should be dead. I had my first heart attack on December 12, 2003. Technology saved my life. If I had my heart attack prior to 1985, I would be dead. But thanks to technological advances I am here in front of you today.

I am the type of person that needs to know! The doctors gave me theories and their opinions based on years of experience. The most important thing in my eyes is that I caused it. But being stubborn, I wanted to find out why I had the heart attack? What caused it? And most importantly to me, "What can I do about it?" "What can I do to prevent it happening again?" "What is out there to help me?" You see, I lost part of my heart, part of it died, it is a type of muscle in your body that will not regenerate itself adequately. I lost a part of me! I would never be whole again!

I spent hours and months researching and searching for answers to my questions! I had a legal pad next to me and wrote down questions for my doctor.

In my research I came across a procedure that was being performed in Europe! It interested me so much that I read all I could find out about it. I was excited about my findings. I was ecstatic about the results the Europeans were achieving! Surely the United States was keeping pace with the Europeans with their technological advances and know how! I wrote it down on my legal pad. In early 2004 when I saw my doctor, I requested this new and state of the art procedure! I wanted a chance to be whole again! I was informed that the procedure was not available in the United States. That I would not be able to

get it! What was left of my heart and of me sunk! But I am a believer in what is left of life to you, for you make the most of it and enjoy it!

On November 1, 2012 of this past year, I suffered another massive coronary heart attack. This time they placed another stent in me and sent me to my room. Afterwards, what I found out was that I was not supposed to live but I was sent there to die. No, I did not want to give up. I was not ready to die! I surprised everyone!

A few days later, I was approached by Caroline Murray. She had a packet in her hand and asked me if I would read it, that Dr. Dawn's team was involved in a clinical trial with **adult stem cells**, and that if I qualified I would be able to participate in this research.

I read the first page only and laid the packet down and looked at Caroline and said **yes** without a doubt! That I would talk to my wife later on, but without hesitation on my part, the answer would be yes.

The potential of me receiving **Adult Stem Cells** was dropped on my lap after 8 years! I was randomized – given the chance of receiving **my own bone marrow stem cells** or a placebo solution, a 50/50 option. I now had a reason for me to keep going!

My **EF is 15%**. There is only a small percentage of me left. The prognosis of me to continue to go on living a quality life is very slim! I also have congestive heart failure.

What can receiving the **Adult Stem Cells** do for me? :

- Improve my '**Ejection Fraction**' (the percent of blood pumped out by the heart with every beat) from **15%** to a higher percentage. Normal is 55% to 65%.
- Reduce or eliminate the symptoms of my congestive heart failure.
- Improve my life greatly.
- Give me a chance to live life to its' fullest for what it has left to offer.
- Have an opportunity at being whole again.
- By doing the research, it will help generations to come. My children, my grandchildren and on. You and your family. Thousands upon thousands in years to come.

I want to enjoy the quality of life and I want others to enjoy theirs too. We have the opportunity to technologically match the world and become a leader in

Adult Stem Cell's research and therapy. We need your help. We need your support and educate the people on how important this procedure is and how important it is to them and generations to come!

Yes you have my e-mail above and are free to contact me!

Thank-you for your time and support.