

SENATE RESOLUTION No. 1851

A RESOLUTION designating every Sunday as "Cooking With Kids Day."

WHEREAS, Our children are Kansas' most precious and joyful responsibility, and we are obligated to do all we can to make the good health of our children our number one goal; and

WHEREAS, Childhood obesity is considered by many to be an epidemic in western countries, where now one out of every three children is considered overweight or obese; and

WHEREAS, Local, state and federal governments recognize the tremendous health risk to our children and the added burden to our health care costs in this country from obesity and are now taking an active role in fighting childhood obesity through new programs, including improved nutrition education and access to healthier school lunches; and

WHEREAS, The President of the United States signed a memorandum on February 9, 2010, creating a new interagency task force that included 12 federal agencies to address the problem of childhood obesity in the United States; and

WHEREAS, The President's task force identified 70 specific recommendations, many of which can or have been implemented immediately. The report broadly summarizes the task force recommendations, including getting children a healthy start in life with good prenatal care, providing health food in schools, improving access to healthy food in schools and getting children more physically active; and

WHEREAS, Children have historically led their parents when embarking on a culture change. Children often learn skills and disciplines and reinforce new behaviors in the family dynamic, for instance, helping to teach their parents how to do a better job recycling and to understand new technologies, such as social networking; and

WHEREAS, Children are more likely to eat healthier when they are involved in their food choices and food preparation; and

WHEREAS, Children who help their parents plan a meal, shop for the groceries and prepare the food they buy are empowered to make healthier food choices; and

WHEREAS, Children who are connected to the food supply at a young age become more conscious consumers as adults; and

WHEREAS, New venues such as the Food Network and network television have introduced adults and children to fun, healthy ways to enjoy family time together while creating healthy meals. These new venues and their celebrity chefs are leading families in a culture change in our relationship with food: Now, therefore,

*Be it resolved by the Senate of the State of Kansas:* That we designate every Sunday, so long as it does not conflict with personal beliefs, as "Cooking With Kids Day" in order to encourage parents and children to spend time in the kitchen together and prepare a healthy meal; and

*Be it further resolved:* That the Secretary of the Senate shall send an enrolled copy of this resolution to Senator Jeff Longbine.

Senate Resolution No. 1851 was sponsored by Senator Jeff Longbine.

I hereby certify that the above RESOLUTION originated in the SENATE, and was adopted by that body

---

---

*President of the Senate.*

---

Secretary of the Senate.